## 9 PRINCIPLES FOR AGING WELL

adequate array of flexible, reliable transportation term services and settings of choice Affordable longincluding strong Having an direction in options consumer stroogins Meaningful support to caregivers services, including protection against aouse and neglect Access to social assistance Society understands interdependence we the positive aspects rely upon to thrive recognizes the of aging and IFE FOR ALI QUALITY OF POSSIBLE BEST own life and fully Managing one's participating in community life and acquiring basic adequate earnings, lifetime of saving, Attain economic financial skills security via possible physical. Sustain the best functional abilities cognitive, and mental health housing that can accommodate changes in Affordable EXECUTIVE AFFAIRS Promoting Your Independence